



£30.00 will pay for a table top gardening activity for 15 disabled people

**“To facilitate independent living opportunities for disabled people.”**

## Fundraising for Disability Direct

There are loads of ways that you can support Disability Direct, however, we all need a bit of inspiration sometimes so we have come up with some ideas to help you.

This booklet offers you some hints and tips to make your fundraising experience fun, fabulous and successful. If you need some more help or some ideas to get you started just contact us.

Please remember that every penny you raise makes a difference, no matter how big or small your fundraising goals are we are happy to have you as part of our the team.

All the best and we look forward to hearing from you!

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£70.00 pays the rent for one year for our accessible allotment in Derby

# Fundraising Ideas

## Sporty

**Run** on behalf of us, whether its 1k or 20k we are grateful for your support and effort.

**Dances / Disco** - You don't need a ballroom and Len Goodman to have a successful bash, just enough space to dance and music to get everyone on the dance floor. How about a sponsored dance – see how long you can dance without stopping or with a dress up theme?

## Foodie

**Bake Sale/competition** -The tried and trust bake sale or could you have a Great British Bake Off at work? Find your own Mary Berry/Paul Hollywood to decide a winner.

**Have an Eating competition-** how many crackers can you eat without drinking water? Can you eat a doughnut (or more) without licking your lips? Having an entry fee will help you cover your costs and raise money – maybe even consider a sweepstake!

## Challenge

**Walk** – Where would you walk and how far to support disabled people in your area? From a toddle with the kids to a 3 Peaks challenge or a daily steps challenge with your colleagues or friends, there will be a walking challenge that will suit everyone (and keep you fit!).

**Run a marathon in a /month** – not all of us can run a marathon in one go but could you run the equivalent of a marathon in a month (or for those really up for a challenge – a week)?

**Giving something up-** Do you have a bad habit that you would like to challenge yourself to give up? If you are thinking or giving up a habit why don't you do it for charity to help motivate you? If it's an expensive habit you could donate the money you save for a month or ask that people sponsor you? Popular things to give up are alcohol, smoking, meat, chocolate and even television!

## Zany

**Sponsored Silence** – If you are a talkative type who can't resist a natter why not challenge yourself and your friends with a sponsored silence for an hour or two? Just don't be silent about your fundraising efforts! **Beard Shaving** – Would you miss your furry features and could you say the same for your family and friends? Why not test this out by asking for sponsorship to shave your beard? If you have friends/colleagues that are similarly furry of face why not make it into an event?

**Eat baked beans with a cocktail stick** – How many could you eat in a minute? Have a sweepstake challenge to see who can eat the most in the shortest time.



**Onion Peeling Competition** – Have a sweepstake to see who can peel the most onions in a given time without crying.

**Message in a Bottle race** – similar to a rubber duck race (but with no need to buy ducks) simply use decorated plastic water bottles each containing a piece of card with the name of the racer and find a river/stream. Just make sure that all bottles are collected and disposed of after the event.

## Clothes

**Fancy dress day-** wear something different to work or school, all you need to do is think of a theme. Themes could include movies, music or heroes.

**Dress down day** – wear your own clothes to school or work for the day and everyone donates £1 each to do this. Or how about wearing something purple (the colour of disability awareness) to make sure your fundraising day promotes what you are raising money for?

## Work

**Why not host an Office Olympics and create challenges between different teams or branches in your company?** You could even have a grand opening ceremony where the teams pick the countries that they will represent out of a hat!

- Paper Javelin – using paper aeroplanes out of A4 paper, the one that flies the furthest wins.
- Suction Shooting – using toy guns with suction ends onto a whiteboard made into a target.
- Synchronised chairing – best synchronised swivel chair performance (you will need an adjudicator to judge this).
- Rock, Paper, Scissors Wrestling Freestyle– challenging your fast thinking and reactions!
- Waste Paper Bin Archery – Placing 2/3 waste paper bins at different distances to throw paper balls into.
- Rubber band Golf – can you flick a hole in one (into a waste paper bin!)?

You could combine 3 events and make a triathlon to make it more challenging.



## **The Essentials**

### **Fundraising checklist**

- ✓ Decide what you are going to do to raise money.
- ✓ Make a plan of action – set deadlines for each step.
- ✓ Advertise your event – contact us if you need some help with social media or posters.
- ✓ .At your event take make sure you take lots of photos and send them to us. We would love to share your fundraising efforts with everyone at Disability Direct through our website and social media. If you would like us to help get the local media involved please let us know so that we can support you with this.
- ✓ Arrange to send in your donation. You can call us to collect this or arrange to drop it off at our offices.
- ✓ Be proud of your achievement. We will contact you after the event to say thank you and send a certificate of thanks for you to share and display so that everyone who has supported your fundraising efforts can see the result.
- ✓ Start planning your next fun event!

### **Keeping Safe**

Safety for yourself and others is the most important thing to consider, please make sure that your activity and venue is safe. Carry out a risk assessment to make sure that you are in control of this make sure all participants in your activity are fully briefed about your activity, timings and details of fire safety. We have a risk assessment template that you can use so please contact us.

If your event involves the public you will need to have Public Liability Insurance. If you are using a venue check with them first as they may already have this covered. Disability Direct is not responsible for organising, supervising or hosting your fundraising activity. All activities and participation in them are at the organisers' and participants' own risk. Disability Direct does not accept responsibility or liability for any loss or damage, or for any death or personal injury, arising out of any fundraising activity, including liability as a result of negligence.

### **Make sure you have permission**

If your activity is in a public area and may cause a disruption please check with the Local Authority that you are fine to go ahead as part of the planning process.



## **Important considerations if you are out and about**

### **Licences**

You may need a licence to do some activities such as:

- alcohol or entertainment (including recorded music)
- public money collection
- putting up banners or signs in public areas
- holding a raffle, lottery or auction

Contact your local authority if you are unsure to check which licences you may need.

### **Food hygiene**

The Food Standards Agency provides guidelines for preparing, handling and cooking food.

### **Children**

If you have children taking part in your fundraising please make sure that you have the written permission from the parent/guardian of each child. If you have adults who will be responsible for the care of children they must have completed a DBS check. This can be applied for through the Government's Disclosure and Barring Service (DBS).

### **Collecting money**

You must get permission to collect money in a public space; whether you are collecting in the street or door to door you will need a licence form your local authority.

If you are using a shopping centre or some other private property please make sure you have permission from the owners/management.

### **Handling money safely**

- Try to have 2 people present when collecting and counting money for safety reasons.
- Use a secure container for money.
- When transporting money please make sure that you use a well- used and safe route, if possible travel in a pair.
- If you are confronted by someone to steal the money please do not put up a fight. Hand over the money and report the incident to the Police.